



## MARCH 2025 NEWSLETTER

Dear Parents and Carers

Welcome back to a new half-term.

This half-term, we continue to extend the children's learning using a popular book, this time using Julia Donaldson's The Stick Man.

We will continue learning about health and hygiene, supporting the children to become independent in their self-care by encouraging them to cough/sneeze into their elbows, wipe their noses with tissues, flush toilets after use and wash their hands regularly. We will also focus on the importance of good manners; using the words 'Please', 'Thank you', 'Excuse me' and practising good table manners. Your support in reinforcing these learning points at home is always appreciated.

### World Book Day

We will be celebrating World Book Day on Thursday 6<sup>th</sup> March. Children are invited to bring their favourite book and dress up as their favourite book character. Please send them in with a change of clothes.

Your child will receive a free £1.00 book token on World Book Day.

### Staff Absences

Thank you for your understanding during the recent periods of staff absence, including Angela's current period of absence. We do try our utmost to keep the Pre-School open and running at all times by using Committee members and occasionally agency staff. Unfortunately, sometimes circumstances are beyond our control and we may need to temporarily reduce the number of children attending on specific days or close. We try to avoid this wherever we can.

We continue to try and recruit additional staff to enable us to open throughout the week and thank you for bearing with us.

### Lunch Boxes

At Tiddlywinks, we work hard to promote healthy eating, encouraging the children to eat their '5 a day' by providing healthy snacks each day. Whilst we cannot instruct parents on what to include in their child's lunch box, we would ask you to avoid including sweets, peanuts and nut products.

Our advice for lunchboxes would always be not to include too much. Your child is more likely to eat their lunch if their lunch box is not overloaded. Less is more. We would advise you to include a small variety of foods for your child in small portions. We make a habit of encouraging children to eat savoury foods first, before finishing with fruit, yoghurt or sweeter foods.

Please avoid using peanut butter as we have children with nut allergies in the setting. If your child has an allergy or intolerance to certain food types, please inform the Pre-School Manager.

### Changes to Personal Details

If any of your personal details change – including telephone numbers – please let the Pre-School Manager know by email to [officetiddlywinks@gmail.com](mailto:officetiddlywinks@gmail.com)

### Holidays

Please notify the Pre-School Manager in writing or by email to [officetiddlywinks@gmail.com](mailto:officetiddlywinks@gmail.com) if your child will be absent from Pre-School on holiday, giving at least 2 week's notice.

### Diary Dates

Thursday 6<sup>th</sup> March  
Thursday 27<sup>th</sup> March  
Friday 4<sup>th</sup> April

World Book Day  
Mother's Day Morning – details to follow  
End of Spring Term