

### **MAY 2024 NEWSLETTER**

### **Dear Parents and Carers**

Welcome back to a new term. We hope you all had a lovely break.

As part of our learning this half-term, we are reminding the children of the importance of wiping our noses with tissues and sneezing or coughing into our elbows. Please do try to reinforce these behaviours at home whenever you can. For the safeguarding of your children, we will be using the correct anatomical terminology for intimate body parts.

As part of our curriculum, we are teaching the children how to stay healthy, look after their teeth and make the right food choices to support their energy levels, growth and development. Healthy eating in childhood is vital to minimise the chance of developing Type 2 diabetes and/or obesity later in life. We are using resources available at <a href="https://www.nutrition.org">www.nutrition.org</a> – please do take a look and support us in our teaching wherever you can.

We will be showing the children how to clean their teeth in accordance with advice from dentistry experts. This will include ensuring they use only a pea-sized amount of toothpaste, paying special attention to the gums and around the teeth, not forgetting the inside of the teeth. Most important is not to rinse the mouth with water when brushing is complete

We have been learning the following verse to support this:

Round and round where the pink meets the white Round and round where the pink meets the white (repeat as many times as needed until 2 minutes have passed)

### Reminders

As the weather finally begins to warm up, the children will no longer be wearing their all-in-one suits outside. Please send in a full, spare set of old clothes in named bag for your child to keep on their peg and change into if they get wet from outside play.

Please continue to send in a suitable coat for the time of year, together with a sun hat as the sun begins to shine again. Please apply suncream to your child before arrival.

Please be mindful of the shoes your child wears to Pre-School. They need to be able to fasten and unfasten their shoes independently. Also, please be aware that whilst open-toed sandals are cooler in the warmer weather, they can become very slippery under foot during water or outdoor play.

Please inform your child's key person of any learning developments or changes to your child's interests in order for us to best support their learning in the setting.

Please let us know if there have been any changes to your child's home routine, if they have had an unsettled night or if a family member is away which may have a knock-on effect on their well-being whilst at Pre-School.

Please do not include any nuts/products containing nuts, sweets or confectionery in your child's lunchbox.

Please remember that if your child arrives at Pre-School wearing nail varnish they will not be able to participate in any cooking activities.

# **Holidays**

Please notify the Pre-School Manager in writing or by email to <a href="mailto:officetiddlywinks@gmail.com">officetiddlywinks@gmail.com</a> if your child will be absent from Pre-School on holiday, giving at least 2 week's notice.

## **Absence**

If your child will be absent from Pre-School due to illness, please notify us by 9.30am on the day. For safeguarding purposes, we will have no option but to contact you if we do not hear from you by this time.

### Illness

If your child is obviously unwell including having a bad cough, please keep them at home until they are feeling better.

### Seesaw

If you would like to share information about your child's development via Seesaw, please do so as follows:

# On PC

Log onto your account
On the Home Screen, select 'Messages'
Type your message where it says 'Message to Staff'
Click the circle with the + sign to upload photographs
Click 'Send'
On Android Phone

Log onto your account

Tap the two speech bubbles to enter into messages

Tap the square button with a pencil inside it, at the top right of the screen

Tap 'Staff'

Tap 'Next'

Type your message

Tap the circle with the + sign it in to upload photographs

Tap 'Send'