



Registered Charity Number 1036151

Intimate Care

Policy Statement

Tiddlywinks is committed to ensuring that all staff responsible for the intimate care of children will always undertake their duties in a professional manner. We recognise that there is a need to treat all children with respect and dignity when intimate care is given.

What is intimate care?

Intimate care encompasses areas of personal care, such as nappy changing and dressing.

Our approach to best practice

Support for children with intimate care needs will be carefully planned and should be a positive experience for all involved.

The setting will ensure that:

- Staff who provide intimate care are trained to meet the needs of individual children.
- All staff adhere to the setting's safeguarding and child protection policy.
- Suitable equipment and facilities are made available.
- Staff carrying out intimate care are appropriately supported.
- Where possible one to one care will be provided unless there is an identified need for having more adults.
- Intimate care is discussed and agreed with parents and carers.
- The needs and wishes of the child are taken into consideration.
- An appropriate written plan for intimate personal care is agreed and shared with the child and their family, signed by all involved and reviewed on a regular basis.
- Intimate care is logged and recorded. The record will include the date and time the intimate care was carried out and by whom.
- The constraints of staffing and equal opportunities legislation are taken into account.
- Mobile phones or cameras are not used by children or staff in areas where intimate care is carried out.

Intimate care – safeguarding children

Cambridgeshire Local Safeguarding Children Board (LSCB) Safeguarding Procedures will be adhered to alongside the setting's safeguarding and child protection policy and procedures.

If a member of staff has any concerns about physical or behavioural changes in a child's presentation, e.g., marks, bruises, soreness, they will immediately pass their concerns to the Designated Person for child protection in their setting.

Intimate care should be a positive experience for both staff and the child. Where one to one intimate care is required, it will be discussed and agreed between the setting manager and parents/carers. Intimate care plans will be recorded and signed by those involved.


Adults need to be vigilant about their own behaviour, ensure they follow agreed guidelines and be mindful of the needs of the children with whom they work.

In the event of an allegation being made against a member of staff the procedures for Allegations of Abuse will be followed.

Visits and outings

The setting has robust procedures and plans in place for the day-to-day intimate care needs of a child, but further consideration will need to be taken in good time before a trip or for an activity.

Adoption and annual review of the policy

This policy was adopted at a meeting of	Tiddlywinks Pre-School Committee
held on	27 th February 2023
Signed on behalf of the management committee	
Name of signatory	Caroline Clements-Searle
Role of signatory	Chair